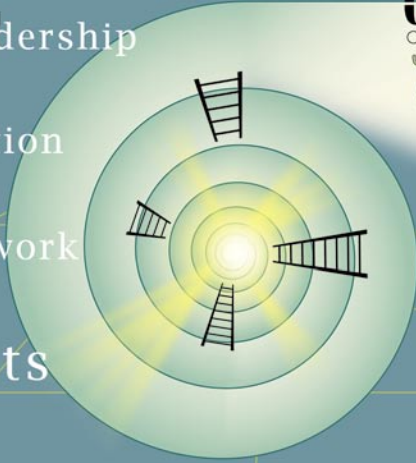


Transformational
Leadership

Career
Reinvention

Unstoppable
Teamwork

Breakthrough
Results



ON YOUR MARK →

Corporate Coaching & Consulting



Wendy Wallbridge / Randy Methven

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helps organizational leaders build dynamic, high performance cultures where people are proactive, collaborative and fully prepared to lead their company into an exciting future.

Services

On Your Mark provides consulting, coaching and training interventions firmly tied to your company's initiatives and business objectives. We assist you in developing strategies and methods for thinking and doing things differently – with more creativity, teamwork, productivity and speed.

If you would like to:

- improve morale,
 - retain key employees,
 - develop your future leaders or
 - increase performance and productivity...
- we can help.

Executive Coaching

On Your Mark's change-oriented coaching is a professional one-to-one partnership with your key people that increases leadership skills and advances them to their next level of performance. Using 360° assessment tools, learning modules and take-home assignments, clients engage in "real time" transformative learning. This process includes identifying key competencies for development, defining a vision of success, mapping out a personalized game plan and moving forward with supportive accountability.

On Your Mark coaching is a strategic tool that will help your people:

- build productive relationships
- sharpen overall job performance
- improve targeted behaviors or skills
- advance their career in your company
- experience a breakthrough in their results
- manage in ways that increase your staff's job satisfaction, loyalty and results

On Your Mark coaching is used for: leadership development, managerial effectiveness, career management, improved interpersonal skills or the achievement of any challenging objective.



Training Programs

As you read these descriptions of **On Your Mark's** most popular offerings, please keep in mind that we will tailor any of these programs to fit your specific needs.

MindShift: The key to inventing a powerful future

Coping with market pressures, intense competition, adversarial relationships and cynicism can block our forward momentum and knock us off purpose. In this experiential two-module session, participants learn to become unstoppable in their work and life by reinventing their vision of themselves to reflect their highest standards and ideals.

This workshop offers simple, yet powerful tools for overcoming obstacles and removing blind spots that limit achievement and desired results. Participants gain insights for authentic leadership and learn how to shift from reactive and defensive modes into creative, positive action in any situation. Participants get ignition and traction in achieving what matters to them most. **MindShift** is the foundation module for all of **On Your Mark's** programs.

After this program your people will:

- become motivated to persevere and succeed, even in times of adversity and change
- learn to achieve what they really want in their careers and lives by evolving their own attitudes and behaviors to reflect their highest standards and ideals
- translate their talents, knowledge, and passion into a personal mission statement
- create a plan for demonstrating their value in the workplace

MindShift promotes self-efficacy and personal responsibility and offers a methodology for putting integrity into action. It is especially useful for building a high performance culture in which people step up to leadership, honor diversity and take responsibility for managing themselves and their markets successfully.

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Training Programs

(continued)

What can you do to ensure that each employee is a creative, fully engaged contributor today when you need it the most?

Team Reinvention for Breakthrough Results

Participants learn to build unstoppable teams focused on your business objectives. This three- to six-module program galvanizes the team around a singular commitment and gives them the tools to:

- articulate their value and deliverables to the company
- identify the team's "brand"
- commit to how they will interact with one another and customers
- practice the skills and principles of high performance teamwork
- become expert in being proactive, not reactive
- learn to be generous with acknowledgement and recognition

Becoming a Champion of Change: From Resistance to Advocacy

In this three-module program, participants are introduced to the advantages and fundamentals of personal reinvention. They learn to anticipate change and respond to it with new attitudes and behaviors that best serve the realities they are facing today.

Authentic Communication

In this three-module program, participants become skilled in positive listening and clear speaking that result in powerful actions and positive outcomes. Participants learn and practice a common language for commitment, coordination and closure.

Management Training

This hands-on customized training draws out the very best in your people and develops leadership at every level of your organization. Participants learn to manage and communicate in ways that build relationships and productivity. They become adept at resolving conflicts smoothly and addressing issues neutrally and professionally. This three-module program increases retention by providing essential management practices for building loyalty, commitment and increased productivity.

Guaranteed

All of **On Your Mark's** work is guaranteed. We will meet or exceed our mutually agreed upon objectives or refund your investment.

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About Us

On Your Mark Corporate Coaching & Consulting was founded by Wendy Wallbridge in 1993 for organizations and key individuals seeking breakthrough outcomes and increased productivity in the face of significant, accelerating change. On Your Mark consists of a group of experienced business consultants who provide fast-growth organizations with:

- one-on-one coaching for key people
- coaching and training for teams
- leadership development

Wendy Wallbridge, a pioneer in the coaching field, has worked with thousands of individuals to help them gain clarity of purpose, unlock their power and creativity, and make their mark in the world. Wendy is an executive coach and motivational speaker who has presented for such organizations as: Hewlett Packard, UC Berkeley, Haas School of Business, Women In Technology International, the National Kidney Foundation and the Commonwealth Club. She is frequently interviewed by members of the print media including: Fortune Magazine, the San Francisco Chronicle and the New York Times.

Randy Methven is a senior facilitator and executive coach with On Your Mark. She specializes in empowering executives to produce breakthroughs in the productivity and effectiveness of their people. For over 25 years, Randy has served as an educator, consultant, senior executive, curriculum and program leader for business and educational institutions. She has designed and led training and development programs for more than 100,000 people worldwide.

Our people are highly skilled in human dynamics – experts who guide people to those profound places where positive change, growth and fulfillment occur. We are associated with a wide network of qualified, experienced coaches, consultants and trainers from every discipline of organizational development. If we can't meet a specific need, we are happy to refer you to someone who can.

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Partial Client List

Alcatel USA
Ameritrade Holding Company
Hewlett Packard
Intel
Network Appliance
Nvidia
NuCal Foods
Pacific Bell/ SBC
Providian Financial
Powerbar
Silicon Graphics
Silicon Valley Bank
Vodafone
Wells Fargo

Client Feedback

" On Your Mark has had a significant impact on the increased performance and career fulfillment for me, my leadership team and the people in our organization. Through one-on-one executive coaching, leadership team development and the Next Step workshop series, I have seen first hand what transformation is possible in individuals and teams when they align their mission with the mission of the organization.

On Your Mark helped us unleash the passion and purpose that lay hidden under the surface. As a result, I have more clarity and focus as a leader, my management team is operating at a heightened level of contribution and the individuals within our organization are producing amazing results. We have all raised the bar on what we believe is possible! We have new practices and language to keep us aligned with our intention and we are making very creative use of the ever-flowing tide of change."

Debby McIsaac,
Manager, Global People Development,
Hewlett Packard Consulting

For more client feedback about **On Your Mark's** coaching or any of our training programs, please visit the "Success Stories" link on our website.